



DANISH
RED
CROSS

ACTIVITIES FOR NON-DANISH SPEAKING VOLUNTEERS, BICYCLE TRAINING

The bicycle is the ideal mode of transportation when getting around in Copenhagen. However, not many cultures have the same tradition of biking as the Danes, and therefore the Red Cross Copenhagen branch offers bicycle training for adults with a non-Danish background. Here the participants learn to ride a bicycle in a safe and closed environment before they enter into traffic.

Being able to ride a bicycle can be very empowering. It may be a good ability to possess in order to acquire certain jobs in Copenhagen, e.g. in the home care service.

As a volunteer, you will teach balance, maneuverability, traffic rules and basic maintenance of the bike.

Bicycle training is free and offered at various locations, 2 hours each weekend. The training takes place from March to October with a break in the middle of the summer. You will join a volunteer group in a particular district of the capital, and you are welcome to volunteer with a friend or a family member.

Prerequisites as a volunteer: You can ride a bicycle, you have an interest in communicating and have a good deal of patience. You do not need any specific professional background, but it is an advantage if you are pedagogically minded. In addition, you must be prepared to volunteer a couple of hours at least every other week.

CHARITY SHOPS

Our popular Red Cross stores are an important part of the Red Cross's activities. Revenue from our stores helps to fund a large part of our social activities.

Charity Shops with second hand clothing:

We have 15 shops with second hand clothing etc. around the capital. One shop sells children's clothing, another shop (Fremtiden) specifically focus on youth clothing, and the shop is run by young volunteers. At the Red Cross Megastores furniture and utility items are sold. Find the locations of the shops online on our website.

The tasks as a volunteer varies, eg. customer service, sorting clothes, ironing, window decoration or minor cleaning. As a volunteer in a shop you get a volunteer shift at least four hours a week. You receive thorough training, relevant courses and you are being invited to exciting events and will have many committed colleagues.

The work is unpaid and organized in cooperation with the other volunteers.

Homeless in new home:

In this activity we help people whom are about to move from the streets, to furnish their new home. It's a big day when vulnerable citizens move into their own homes, but the joy gets even bigger if it's furnished. Unfortunately, homeless people or citizens moving from a treatment facility or shelter often do not have the resources to buy furniture. Therefore, these citizens are very grateful to receive others' used furniture and furnishings.

OMSORGSCENTER EIRSGAARD - CARE CENTER FOR HOMELESS DISCHARGED AFTER HOSPITALIZATION

The care center is a temporary residence for homeless adults, who have been discharged after hospitalization, but have not yet fully recovered after completing somatic hospital treatment. The center also accommodates homeless people who have been subjected to an accident or incurred a serious physical illness, and need rest in order to recover completely.

As a volunteer, you help patients as they recover. The support is in the form of both care, conversation and treatment. The center seeks volunteers who can be on duty during the day and/or evening, as well as on weekends.

Prerequisites: As a volunteer at the care center, you have a desire to help people with different backgrounds. Your professional background is subordinate. Most importantly, you are tolerant and positive.